



evolve



Ben Rhydding Primary School
Impact Report



How Project HE:RO helped Ben Rhydding Primary School

1



Health Mentors

1



Days of support per week

39



Days of support per year

94%



Attendance percentage

30



Number of after school clubs

11



After school club pupil attendance average



Impact Areas

Project HE:RO addresses a wide range of issues that children and schools currently face. These impact areas fall into the following six categories:





Objectives

To provide planning, preparation and assessment cover for teachers through PE lessons.

To improve physical health by arranging breakfast clubs, promoting activities during lunchtimes and running after school clubs.

To support pupils identified by the school with their personal development, helping them to express themselves and not get worked up. Hence improving emotional wellbeing and behaviour also.





Strategy

No two days are alike for a Health Mentor. They spend their time running Breakfast Clubs, mentoring, coordinating lunchtime play, classroom coaching, organising PE classes, and developing rapport with pupils in order to maximise their potential.

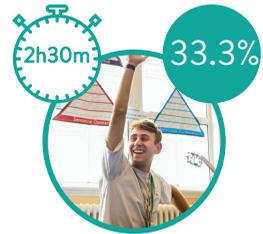
The way that Health Mentors are used will vary from school to school, depending on the priorities of each headteacher and the needs of their pupils. This is an overview of how Health Mentors were deployed in this instance:



Physical Education



After School Club



Mentoring



Breakfast Club



Lunchtime Playground Animation



Classroom Coaching



Outcomes Achieved

The Health Mentor successfully ran high quality PE sessions to pupils of Ben Rhydding Primary during Teacher's planning, preparation and assessment cover. The Health Mentor also up-skilled a targeted teaching assistant in her PE delivery. Results showed a confidence increase of 50% in her ability to conduct warm ups and in grouping children.

An after school club was delivered with the focus of improving gross motor skills and to highlight the importance of following rules. This was linked to Ilkley Grammar School's Sports League. Results showed that children improved their understanding of rules by 60%.

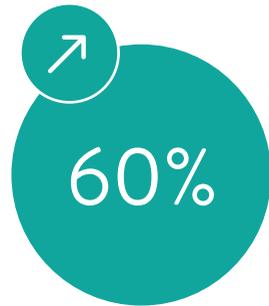
Mentoring was also delivered to 4 children identified by the school for emotional wellbeing and personal development. Results showed an increase in their ability to express themselves of 60%, and a 40% increase in their ability to manage situations in school which they had previously found difficult to manage.



Direct Beneficiaries



Teaching Assistant Skill Improvement



Pupil Wellbeing



Testimonials

This is what schools and pupils involved with Project HE:RO say about the programme

“His greatest strength is working with those really severe children, and that’s where his greatest impact’s been. Not being detrimental to his work with the other children but I think his real strength is those really hard-to-reach kids.”

Headteacher

“He helped me with my behaviour in class...he would come talk to me and he would be a friend, he’s always been there for me, he’s funny too...just having him there...and we can have a laugh, and he helps me out a lot and...he never shouts.”

Pupil

“[We have] Bar charts which show behaviour, attainment and motivation, and they show the impact that was made. Especially a lot on the health and wellbeing side, there was massive improvement and that then coincided with their academic capabilities as well.”

Headteacher

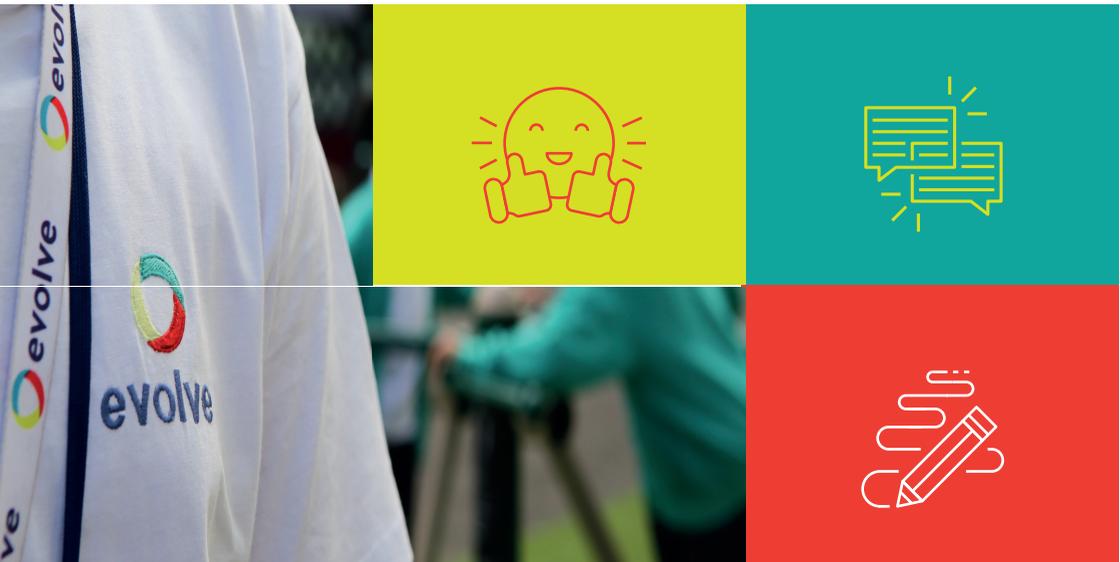


Next Year

During the 2016/17 academic year the Health Mentor will continue to improve pupils' physical and personal development.

There will be a continued focus on continued personal development for staff in their PE delivery, as well as providing PPA cover in PE as requested. Wake Up Shake Up Club will be delivered, and inter school competitions/events arranged. The Health Mentor will also work to improve pupils' physical literacy levels.

Evolve will introduce our new impact assessment tool, in order to track the progress pupils make in their physical development, their social confidence and emotional wellbeing.





About Project HE:RO

Project HE:RO is a programme designed by Evolve to address the key issues that primary school pupils, particularly in inner city schools, face.

HE:RO supports pupils, teachers, parents and school staff by providing highly trained Health Mentors that address physical, social and emotional wellbeing issues to get pupils in the right frame of mind for learning.





About Evolve

Evolve is a social impact company that develops grassroots, upstream programmes to provide additional care, emotional support and engagement to the pupils that need it most.

We use versatile, specialised staff called Health Mentors to help support pupils' learning in schools across the country. Health Mentors use one to one mentoring and take the time to develop meaningful relationships with individual pupils in order to inspire and engage children.

Evolve also offer: XLR8, a transition programme during school holidays and School Vitality Initiative, a one-day creative event that engages children and upskills staff.





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