

BEN RHYDDING PRIMARY SCHOOL

SEX AND RELATIONSHIPS POLICY

Ratified by the Governing Body	
Review date	

Sex and Relationships Education Policy

This policy needs to be read in conjunction with the PSHE, Safeguarding and Child Protection policies.

Definition

We agree with the definition of sex education as stated in the DfEE guidance document 'Sex Education and Relationship Education Guidance' (ref DfEE 0116/2000) which states:

'...learning about physical, moral and emotional development. It is about understanding the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health'.

In Ben Rhydding Primary School Sex Education and Relationship Education is part of the personal, social and health education curriculum. Through Sex Education and Relationship Education we inform children about sexual issues but in the context of morality and individual responsibility. This allows children to ask and explore moral questions. Under no circumstance do we use sex education as a means of promoting any form of sexual orientation. All Teaching is age appropriate. Most work of this nature is related to puberty in Years 5 and 6. SRE allows:

- All pupils to access a planned programme of education about human development, relationships, sexuality and family life which is developmental and appropriate to the age and maturity of the child.
- Pupils to develop confidence in talking, listening and thinking about feelings and relationships;
- Pupils to name parts of the body and describe how their bodies work;
- Encourage pupils to develop a positive attitude to all body functions.
- Pupils to be prepared for puberty.
- Pupils to recognise peer social pressure and boost self-esteem.
- Pupils to protect themselves and ask for help and support, understanding they have rights over their bodies;
- School to teach sexuality within a moral framework emphasising stable relationships and family life.
- School to work with other schools to share good practice in order to improve this policy.

We as a school community have a commitment to promote equality, we believe this policy is in line with the Equality Act 2010.

With this foundation it is expected that children and young people will develop the skills and confidence to enable positive discussions about sexuality and sex and relationships as they get older in preparation for adult life. Sex and relationship education is taught within a moral framework which is sensitive to the needs and beliefs of all students and their parents and carers. Incorporated into some aspects of the curriculum are SEAL¹ materials which deal with the social and emotional aspects of relationships.

¹ Social and Emotional Aspects of Learning

In preparation for puberty, talks will be given in single sex groups to pupils in Year 5 or 6 (The timing will be dependent on the needs of the cohort of pupils.). These will be delivered, where possible by a staff member of the same sex as the group and where appropriate the support of the community nurse may be sought to deliver these.

Assemblies and Circle time are used to discuss issues such as friendship, bullying and changes in relationships. Through the science curriculum the pupils are taught about the physical aspects and structure of the body and the human life cycle. This also includes healthy lifestyle information and personal hygiene.

Resources

Governors and staff, in particular the PSHE co-ordinator, will ensure that the resources are appropriate to the needs and ages of the pupils and conform to existing policy and legal requirements.

Parents

Parents will be given the opportunity to preview the teaching resources. Prior to the talks in years 5 and 6 parents will be given the dates and times of the sessions. They will be informed that they can withdraw their child from any aspect of the sex education. However the other of aspects of SRE which are part of the Science curriculum are compulsory.

The full policy will be made available to parents on request from the school office. It is also available on the school website. Parents can contact the Head teacher or the PSCE co-ordinator to discuss any concerns they may have with the policy or programme of SRE.